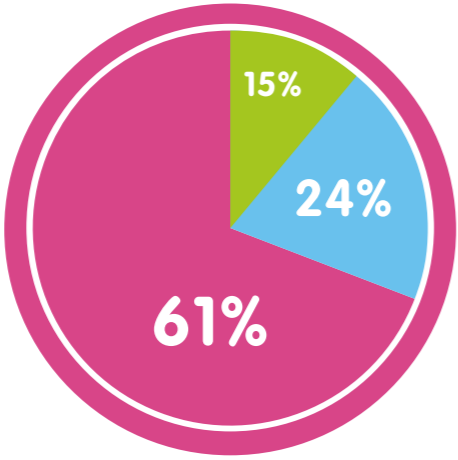


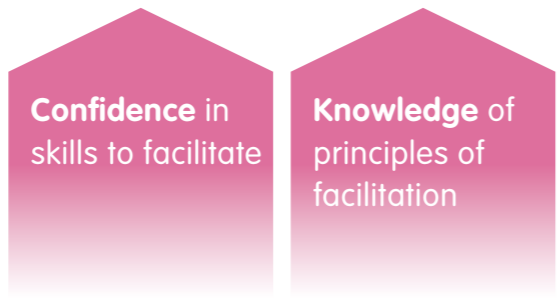
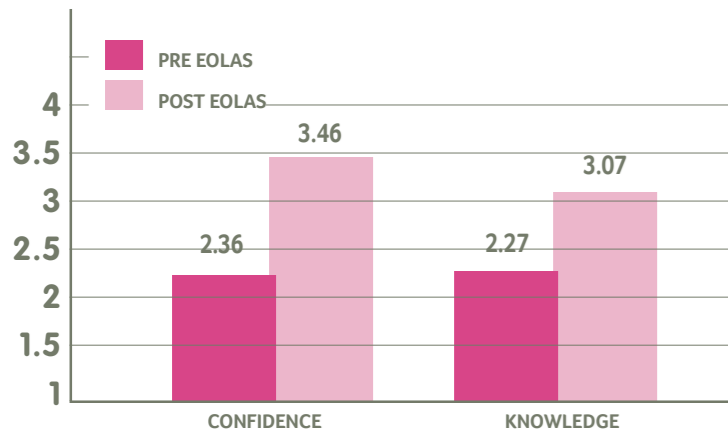
FACILITATOR 4 DAY TRAINING PROGRAMME

FACILITATOR RESULTS (n=72)

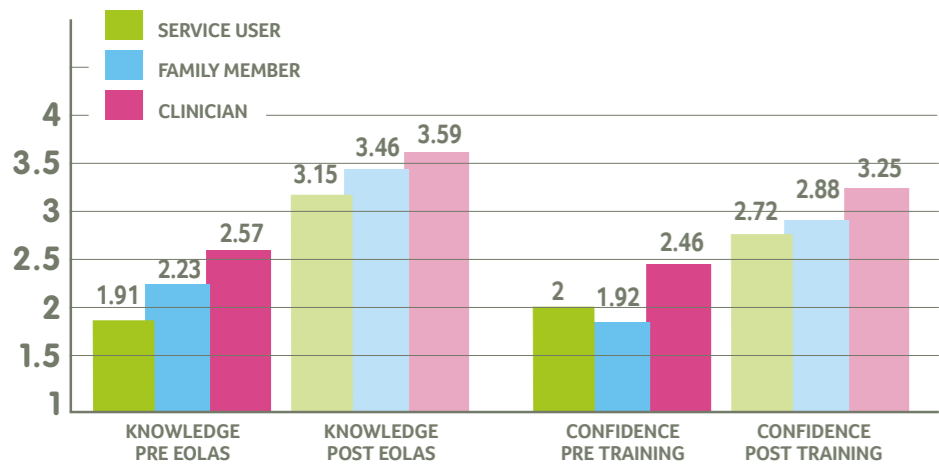
61% CLINICIANS
15% FAMILY MEMBERS
24% SERVICE USERS



PRE & POST FACILITATOR TRAINING



PRE & POST FACILITATOR TRAINING SCORES BY GROUP



STRONGLY AGREE/AGREE...
I know how to...

Impart information on the EOLAS programme **99%**
Prepare and plan an EOLAS session **92%**
Work with a co-facilitator **91%**
Ready to facilitate the EOLAS programme **92%**

96% WOULD RECOMMEND TRAINING TO OTHERS

WHAT **SERVICE USERS** HAD TO SAY ABOUT **EOLAS**

- “It makes it **more normal**, you know, that this is what people go through and here’s a programme designed to talk about these things.”
- “What would be fantastic is if the HSE saw the importance of rolled it out on a grander scale...I am one of the lucky few”
- “...well I thought wow she’s [peer facilitator] doing this, like **she is able to recover** to the point that she’s able to facilitate,... I really admired that she was doing it.”
- “...I realise now that I have to communicate with my family a lot more.”

MOVING FORWARD AND CHALLENGES FOR THE FUTURE

- Integrate EOLAS into daily working and support offered to all service users and family members who attend the mental health services.
- Continue to develop the research evidence and explore the long term impact of programme on key recovery and social inclusion outcomes.
- Secure funding to: i) support the rollout of EOLAS within mental health services nationally and ii) to enable the on-going development, updating and evaluation of modifications made to the programme.

ACKNOWLEDGEMENTS: The evaluation team would like to thank all those who participated in the EOLAS evaluation, and those who have supported its development: steering group, service users, family members, staff in services, and funders (GENIO and HSE).

RESEARCHERS: Professor Agnes Higgins, Dr David Hevey, Dr Mark Monahan, Pádraig McBennett & Marie O’Shea, Trinity College Dublin.



WHAT **FAMILY MEMBERS** HAD TO SAY ABOUT **EOLAS**

- “...I go back to the [EOLAS] workbook...it’ll be months and months until you get the full value of everything that’s in that **fantastic manual**... you have something physical there to hold in your hand and to go back to.”
- “My experience was positive, **positive, positive, positive**...I feel privileged to have been on it, I honestly do. It was so helpful.”
- “She (peer facilitator) was quiet open about sharing her experience; a very wise person...I suppose **you realise you haven’t done anything wrong**, that everybody has the same despair that you’ve reached...”

The EOLAS PROGRAMME

PHASE II KEY FINDINGS



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin

WHAT IS EOLAS?

The **EOLAS** programme is a clinician and peer led information programme for people with a diagnosis of Schizophrenia and Bipolar Disorder, their family members and significant others.

WHY EOLAS CAME ABOUT?

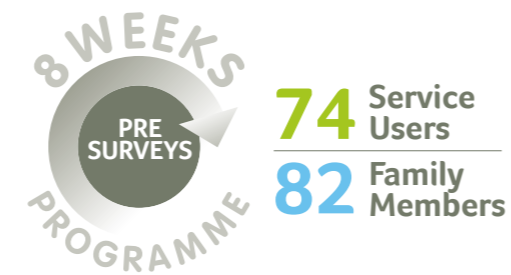
Research has shown that educational programmes can improve quality of life and well-being for mental health service users and their family members.

WHAT IS UNIQUE ABOUT EOLAS?

The EOLAS programme is co-produced, co-delivered and co-managed by users (service users and family members) in conjunction with mental health practitioners. Co-produced initiatives are in line with the concept of Recovery, which underpins mental health policy.

SERVICE USERS' & FAMILY MEMBERS' INFORMATION PROGRAMME

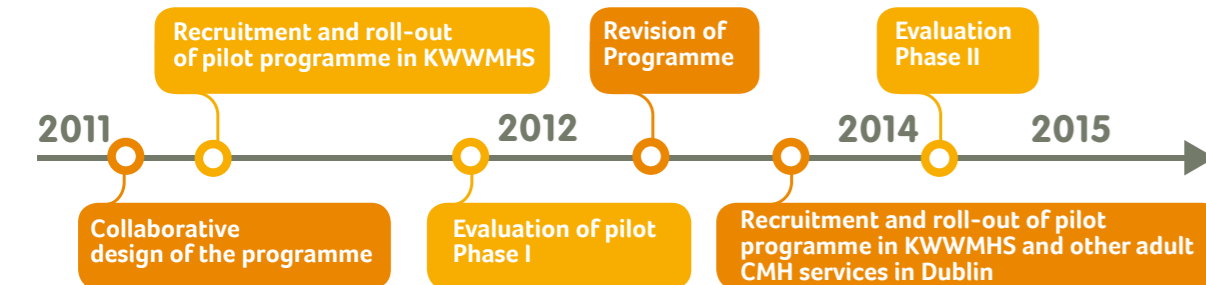
Participants who completed surveys



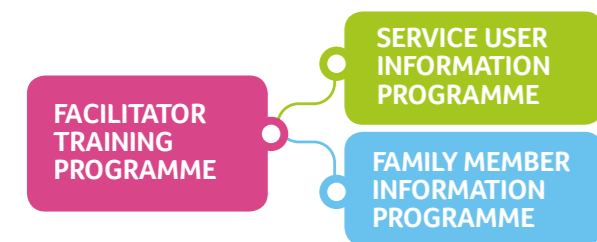
GUIDING PRINCIPLES OF EOLAS



THE STORY OF EOLAS SO FAR...



EOLAS PROGRAMMES



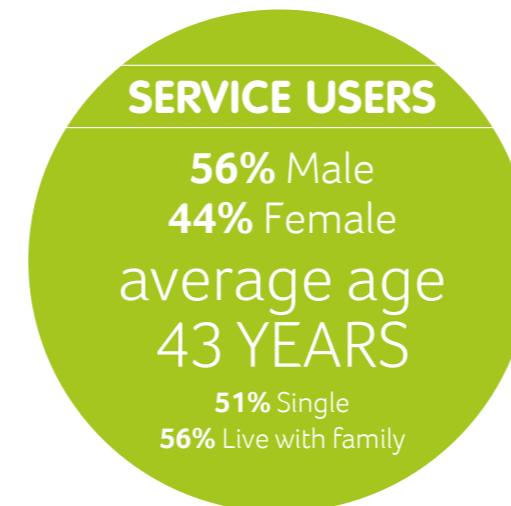
GUIDING PRINCIPLES (3C's)

- Co-learning
- Co-facilitation
- Celebration of difference

EVALUATION PHASE II

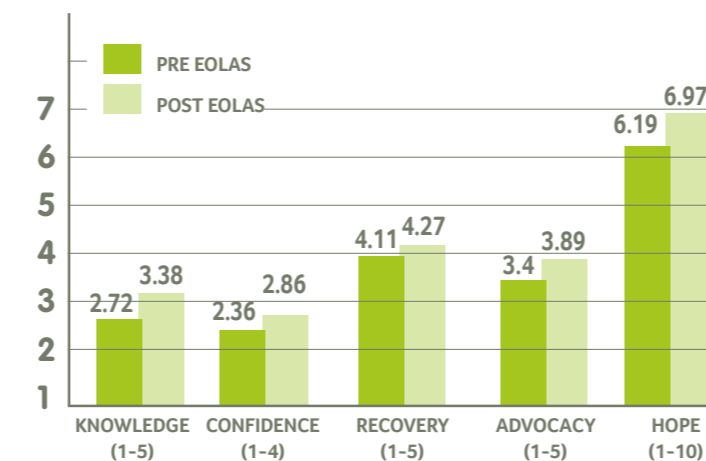
Method: A mixed methods evaluation using pre-post survey and follow up interviews was used to explore and identify the impact of the facilitator training programme, the service user information programme and the family member information programme.

SERVICE USERS' RESULTS (n=43)



TOP THREE REASONS FOR ATTENDING EOLAS

1. Learn about managing mental health
2. Learn about diagnosis
3. Learn about medication

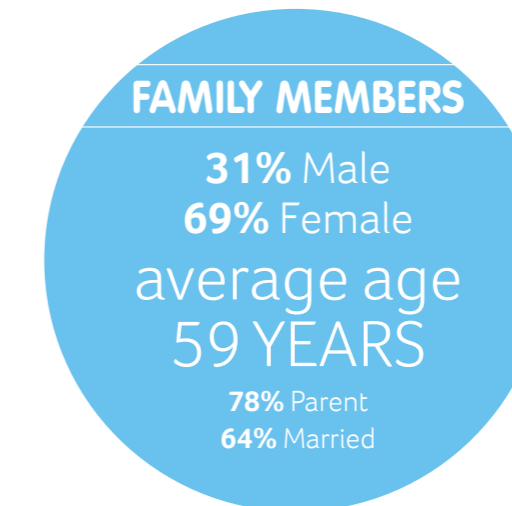


KNOWLEDGE +24%
CONFIDENCE +21%
ADVOCACY +14%
HOPE +13%
RECOVERY ATTITUDES +4%

Satisfied / Very Satisfied Users 95%
Useful / Very Useful Users 98%
Definitely Recommend To Others 88%

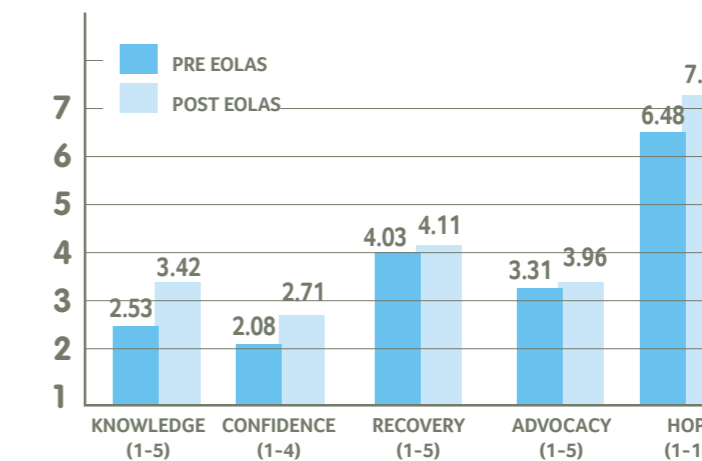
84% REPORTED IMPROVED WELL-BEING

FAMILY MEMBERS' RESULTS (n=57)



TOP THREE REASONS FOR ATTENDING EOLAS

1. Learn about mental health
2. Learn how to help family member
3. Learn more about coping strategies



KNOWLEDGE +35%
CONFIDENCE +30%
HOPE +10%
RECOVERY ATTITUDES +2%
ADVOCACY +2%

Satisfied / Very Satisfied Users 95%
Useful / Very Useful Users 100%
Definitely Recommend To Others 98%